



# NORTH SOUND BEHAVIORAL HEALTH ORGANIZATION, LLC

NORTH SOUND BEHAVIORAL HEALTH ORGANIZATION

COUNTY AUTHORITIES EXECUTIVE COMMITTEE

MINUTES

1:30-3:00 P.M.

June 13, 2019

## County Authorities Executive Committee (CAEC) members present:

- Jill Johnson, North Sound Behavioral Health Organization (BHO) CAEC Chair; County Commissioner, Board of Island County
- Ken Dahlstedt, County Commissioner; Board of Skagit County
- Cammy Hart-Anderson, Snohomish County Human Services; designated alternate for County Executive Dave Somers
- Heidi Beazizo, Legislative Analyst, Snohomish County; designated alternate for Stephanie Wright
- Regina Delahunt, Whatcom County Health Department Director; designated alternate for Jack Louws, County Executive
- Pat O'Maley Lanphear, North Sound BHO Advisory Board (AB) Chair
- Darcy Cheesman, Snohomish County Council Legislative Aid; designate alternate for Sam Low, County Council Member
- Anne Deacon, Whatcom County Human Services Manager, County Coordinator; designated alternate for Rud Browne
- Jamie Stephens, County Council Member; San Juan County Council Joe Valentine, Executive Director, North Sound BHO
- Russell Wiita, Legislative Aid, Snohomish County; designated alternate for Nate Nehring, Snohomish County Council Member
- Marilyn Scott, Upper Skagit Tribe

## North Sound Behavioral Health Organization (BHO) staff present:

- Joe Valentine, Executive Director, North Sound BHO
- Joanie Williams, Administrative Manager, Clerk of the Board, North Sound BHO

## Guests present:

- Julie deLosada, Skagit County Public Health
- Jackie Henderson, Administrative Director, Island County
- Shelli Young, North Sound BHO Consultant

## Call to Order and Introductions – Chair Johnson

The Chair called the meeting to order and initiated introductions.

## Revisions to the Agenda – Chair

The chair noted there was a suggestion for a revision to the agenda.

The suggestion was to add "Upcoming 6/19 Behavioral Health Sub Committee Meeting" under the Executive Director Report.

Darcy Cheesman moved a motion to approve the revision to the Agenda, Jamie Stephens seconded, all in favor, motion approved to revise the agenda as noted.

## Approval of the May 9, 2019, Minutes, Motion #19-32 – Chair Johnson

Ken Dahlstedt moved the motion for approval, Jamie Stephens seconded, all in favor, motion #19-32 carried

## Approval of the May 13, 2019 Special Meeting Minutes, Motion #19-33- Chair Johnson

Jamie Stephens moved the motion for approval, Ken Dahlstedt seconded, all in favor, motion #19-33 carried

### Comments & Announcements from the Chair

Jill Johnson noted the bid request for the stabilization center is going into the papers. If the bid comes into too high, it will hold up the process.

### Reports from Members

- Snohomish County: Cammy Hart-Anderson announced the Department of Health reviewed the licensing for involuntary commitment. No issues or deficiencies were found.
- Whatcom County: Regina Delahunt stated that Whatcom County has made the decision to move forward on construction of the Crisis Stabilization Facility. Anne Deacon add that It is going out for bid next month.

### Comments from the Public

There were no comments from the public.

### Report from the Advisory Board

The Advisory Board Chair gave the report from the North Sound Behavioral Health Organization's Advisory Board.

The topics covered were:

- A pre-meeting presentation covering early warning signs
- Advisory Board Retreat (taking place in July)

### Report from the Executive Director

- Regional Opioid Reduction Plan Update: Shelli Young

Shelli Young gave the update on the Opioid Reduction Plan which addressed Key Accomplishments around the following topics:

- North Sound Opioid Summit
- \$876,000 invested in Opioid Outreach
- Tribal Conferences
- North Sound Harm Reduction Coalition
- North Sound Youth Services Forum
- Hub and Spoke Technical Assistance
- Fighting Stigma
- Male Residential Treatment program

She also spoke about other progress toward the common goals. There was a question and answer session that followed.

- **Executive Director's Report:** Joe Valentine gave the report from the Executive Director and covered the followed topics:
  - Institution for Mental Diseases (IMD) Fiscal Audit
  - Integrated Care Planning
  - Behavioral Health Administrative Services (BH ASO) Budget Model
  - Provider Readiness
  - Organizational Transition
  - Legislative Update
  - Regional Opioid Plan
  - Tribal Coordination

Joe answered questions from Board Members.



**Additional Agenda Item: Upcoming 6/19 Behavioral Health Sub Committee Meeting**

Below is information regarding the upcoming work session:

- Overview of the Tribal behavioral health programs in Washington State
- Use of community partnerships to combat the opioid epidemic in Northwest Washington
- Presentations from regional jail diversion programs

Joe asked Julie to send an email out to the CAEC Members tomorrow with the pertinent information regarding the meeting, to which she agreed.

Marilyn Scott asked that the goals of the Interlocal Leadership Structure (ILS) be sent to her.

The Clerk of the Board will have staff send her the meeting charter.

**Report from the Finance Officer**

Joe Valentine gave the Report from the Finance Officer

**Report from the Governance Operations Committee**

*All matters listed with the Consent Agenda have been distributed to each Member for reading and study, are considered to be routine, and will be enacted by one action of the Executive Committee with no separate discussion. If separate discussion is desired, the item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a Member.*

To review and approve the North Sound Behavioral Health claims paid from May 1<sup>st</sup>, 2019 through May 31<sup>st</sup>, 2019 in the amount of \$17,909,401.37. Payroll for the month of May in the amount of \$250,817.98 and associated employer benefits in the amount of \$160,361.20.

**Consent Agenda – Jill Johnson – Motion #19-34**

Russell Wiita moved the motion for approval, Jamie Stephens seconded, all in favor, motion # 19-34 carried

**Action Items**

***For Executive Committee Approval***

**North Sound Behavioral Health Organization 2018 Budget Adjustments**

**Summary:**

Motion to increase the annual appropriations by \$775,000, increase and decrease line item expenses as follows;

**Motion # 19-35**

Increase Revenue Medicaid \$775,000

Decrease Expenses Salaries \$200,000

Decrease Expenses Benefits \$400,000

Increase Expenses Agency/County/Other Services \$1,100,000

Increase Expenses Inpatient Services \$115,000

Increase Expenses Capital Expenditures \$260,000

Cammy Hart-Anderson moved the motion for approval, Anne Deacon seconded, all in favor, motion # 19-35 carried.

**Summary:**

This is an official transfer of assets from the BHO to the ASO

**Motion # 19 -36**

This motion is to transfer all assets of the North Sound Behavioral Health Organization (NSBHO), except the NSBHO cash account at the Skagit County Treasurers and Auditors Office, to the North Sound Behavioral Health Organization Administrative Services Organization. The assets will be transferred and used for the benefit of the public behavioral health system within the five-county region and if any assets are sold those proceeds will be used to support public behavioral health system in the five-county region.

Regina Delahunt moved the motion for approval, Anne Deacon seconded, all in favor, motion # 19-36 carried

***For Executive Committee Ratification*****Introduction Items**

- ASO Amended Contracts

The following contracts were previously approved by the CAEC but will be amended when the North Sound BH-ASO receives its contract from the Health Care Authority. We anticipate the contract to arrive within the next couple of weeks with the allocations for Substance Abuse Block Grant, Mental Health Block Grant and General State funds.

These contract amendments will be ratified by the Board of Directors at the July meeting with budgets for crisis services, County contracts and limited SABG services.

**Crisis Services** (cost reimbursement budgets with Medicaid encounter submissions required for Crisis outreach):

- Compass Health
  - Involuntary and Voluntary Crisis Services
  - Housing and Recovery through Peer Services (HARPS) Team and subsidies
  - Program for Assertive community Treatment (PACT)
  - Evaluation and Treatment Services
  - Evaluation and Treatment Discharge Planners
  - Projects for Assistance in Transition from Homelessness (PATH)
  - PATH-Finder-adding Peers to outreach teams
- Snohomish County
  - Involuntary and Voluntary Crisis Services
- Telecare Corporation
  - Evaluation and Treatment Services
  - Evaluation and Treatment Discharge Planners
  - Peer Bridgers
- Volunteers of America (VOA)
  - Toll Free Crisis Hotline
  - Crisis Outreach Dispatch
  - ITA Bed Tracking



**Substance Abuse Block Grant, delivered to priority populations:**

1. Pregnant injecting drug users
  2. Pregnant substance abusers
  3. Women with dependent children
  4. Injecting drug users
- Catholic Community Services
    - Pregnant and Parenting Women Housing Supports (cost reimbursement budget)
    - Limited Outpatient Services to Priority Populations
  - Brigid Collins
    - Pregnant and Parenting Women Housing Supports (cost reimbursement budget)
  - Evergreen Recovery Centers
    - Pregnant and Parenting Women Housing Supports (cost reimbursement budget)
    - Acute Withdrawal Management
    - Limited Residential Services to priority populations
  - American Behavioral Health Services
    - Limited Outpatient Services to Priority Populations
    - Limited Secure Detox services
  - Pioneer Human Services
    - Limited Adult Residential to Priority Populations
  - Lifeline Connections
    - Limited Outpatient Services to Priority Populations
  - Sea Mar
    - Limited Youth Residential Services
  - Sunrise Services
    - Limited Outpatient Services to Priority Populations
  - Therapeutic Health Services
    - Medication Assisted Treatment
  - WCHS Canyon Park
    - Medication Assisted Treatment
  - Skagit County Community Action
    - Ombuds Services (cost reimbursement budget)
    - Opiate Outreach (cost reimbursement budget)

**County Contracts (all cost reimbursement budgets):**

- Jail Transition Services-Island, San Juan, Skagit, Snohomish & Whatcom
- Dedicated Marijuana Account-Island, Snohomish, Whatcom
- Criminal Justice Treatment Account-San Juan
- Opiate Outreach-Island, San Juan, Snohomish, Whatcom (*Skagit County could not have the contract approved in time for the HCA deadline, therefore the program is contracted through Skagit County Community Action*)

The Introduction Item listed above was discussed by the Board Members. It was noted that the BHO is expecting to receive the contract from HCA within the next couple of weeks, resulting in amended contracts being made available during the July Board of Directors Meeting.

### Discussion Items

- July 11th Board of Directors Meeting (the meeting is *not* being canceled)

The Chair noted that the July 11<sup>th</sup> Board Meeting will *not* be canceled after all due to BHO contracts needing approved by the Board.

- July through December 2019 BH-ASO Projected Budget

### Farewell Ceremony

- Farewell Ceremony for Departing BHO Staff at 2:45

A Farewell ceremony took place directly after the Board Meeting. The Chair and Executive Director thanked the departing BHO staff for their service and dedication to the successful work of the BHO.

They wished them well in their future endeavors. There was additional appreciation that followed from Providers, BHO stakeholders and internal staff.

16. **Adjourn** 2:56 p.m.

*Next meeting: July 11th, 2019*

Respectfully Submitted;



Joanie Williams  
Clerk of the Board